



USEFUL INFORMATION

Postal Mail

For any mail or faxes received for you at our office, we will notify you by e-mail.

Business hours in St. Gallen

Monday, Tuesday, Wednesday, Friday:	9.00 – 18.30
Thursday:	9.00 – 21.00
Saturday:	8.00 – 17.00
Sunday: station and open)	shops are closed - (the convenience store at the train station and some petrol stations are open)

Transportation/Bus pass

A bus pass for the **area of the city of St.Gallen** is included in your Welcome Package. You must carry this pass on you when riding a bus. You must only show it upon request if a ticket inspector asks for it.

Bus 5 and 9 take you directly to the University. To get cheaper fares on trains, you might consider buying a half-fare card (Halbtax-Abonnement). You can order one at the main train station in St.Gallen. Bring two passport-size photos. www.sbb.ch

Medical Assistance

Drogeries (Drogerie) sell non-prescription medication.
Pharmacies ("Apotheke") sell non-prescription and prescription medication.

English-speaking doctors in the area:

Arzthaus, General Medicine, Zeughausgasse 22, 9000 St. Gallen, <http://arzthaus.ch/en/kontakt/st-gallen/>

Phone: 071 221 10 00

Office hours: 07.00 - 20.00 Monday – Friday, 09.00 - 18.00 Saturday, 11.00 - 18.00 Sunday/Holidays

***** IN CASE OF EMERGENCY *****

GO DIRECTLY TO THE EMERGENCY ("NOTFALL") ENTRANCE OF THE CANTONAL HOSPITAL (KANTONSSPITAL)

RORSCHACHER STRASSE 95

Emergency numbers: Police 177 Fire Dept. 118 Ambulance 144



Shopping

Places to buy groceries include Migros, Denner and Coop. Many have "budget" lines which include products offered at more affordable prices. A farmer's market takes place Wednesdays and Saturdays at the Marktplatz. You may find good deals right before closing time (shortly before 17:00).

University Library

Opening hours

Monday - Friday	08.00 - 23.00
Saturday	09.00 - 19.00
Sunday	closed

In addition to research volumes and journals, the library offers a number of newspapers and magazines in English, German, French and other languages that you are free to read in the area by the main entrance. There are also popular literature and fiction titles in English, German, French and Italian available for checking out.

The University's Dining Facilities

The University Restaurant offers cafeteria-style meals for around CHF 8.- to CHF 15.-. There is a smaller cafeteria in the Library Building, which offers pasta and salad at lunchtime as well as snacks and drinks during the day.

Opening hours

University Restaurant	Monday – Friday	11.00 – 14.30
Cafeteria University Restaurant	Monday – Friday	07.30 – 17.00
Cafeteria Library Bldg.	Monday – Friday	07.00 – 21.00
	Saturday	07.30 – 19.00

Banking & Money Matters

An automatic teller machine (ATM) is located on campus in the Library Building (09). It accepts EC/Maestro and credit cards (VISA, Eurocard MasterCard), or cards that are part of the Cirrus, Plus, CASH, or ELECTRON networks. A Western Union office is located near the main train station in St.Gallen.



Print - Copy - Fax

To print or copy, you simply need the Student ID card. You then use a machine to add money to the credit balance on the card.

The public photocopiers/printers are located in the library and in the IT rooms. To make a photocopy or print, simply place your Student ID card on the card reader of the copier/printer.

Sports

Each semester a variety of sports activities (approx. 50 different sports with 150 training units each week) are available to students in town and at the University. Most are available at no cost. You can pick up a detailed programme each semester at the Sports Office or check their website: www.sport.unisg.ch.

Sports Office - Opening hours

Monday – Wednesday	10.00 - 12.15	13.30 - 15.30
Thursday	10.00 - 12.15	
Friday	10.00 - 12.15	13.30 - 15.30
Saturday and Sunday	closed	

Administration Sports Office, Bodanstrasse 3 (Building 26), Tel: 071 224 22 50, Fax: 071 224 22 54